Summer Lodge

COUNTRY HOTEL & SPA

I wish to make use of the Summer Lodge gymnasium and swimming pool facilities. I understand that the facility is unsupervised at all times, but the spa team are available between the hours of 09h00 and 18h00.

I agree to abide by the following terms and conditions:

Guests

- Membership applies to the named persons only.
- Members may bring guests (adults and children), however they must be approved by management and booked in advance. A discounted rate of £15 per adult/child will apply per session (non-member price £30 per adult/child).
- All guests must be accompanied by a member for the entirety of their visit.
- All guests are required to sign-in at the Spa and bring valid ID.
- Members may bring a maximum of three guests per visit unless alternative arrangements have been made in advance.
- Members are responsible for ensuring their guests are aware of, and adhere to, the facility rules.

Children

- Children under the age of 12 are only permitted to use the pool before 10h00 and after 16h30.
- Children must have an approved member or non-member guest pass.
- Children must be accompanied by an adult at all times.
- As a sudden rise in temperature for children may cause fitting and has other serious health risks, for their safety children under the age of 16 are not permitted to use the jacuzzi or sauna at any time.

General Health and Safety

- Footwear must be worn at all times.
- Anyone using the facility is requested to shower before entering the sauna, steam room, and/or swimming pool.
- All equipment is to be used according to the instructions provided.
- No glassware, china or porcelain may be taken into the pool area at any time.
- Smoking is not permitted anywhere within the facility.
- Summer Lodge advises all users of the facilities to consult their physician before starting an exercise regime.
- The Company will not accept liability for any damage or loss to a member or guest's personal property brought into the premises.

Cancellation Policy

- For members paying by direct debit the cancellation terms are **one full calendar month**, the membership must end at the end of a month.
- For members who have paid in full for their annual membership, membership can be cancelled at any time. There are however no refunds available for membership fees paid.

If I feel ill while using the equipment, I understand I should stop and consult a physician. I understand Summer Lodge Hotel cannot be held responsible for any harm or injuries that I may incur, due to my own negligence while using the facilities.

I understand failure to comply with the above may result in membership being withdrawn with immediate effect.